



## GOVT. POLYTECHNIC MANDI ADAMPUR, HISAR, HARYANA NATIONAL SERVICE SCHEME UNIT – AT A GLANCE



### NOT ME – BUT YOU

The National Service Scheme (NSS) is a government-sponsored public service initiative conducted by the Ministry of Youth Affairs & Sports. Launched in 1969, marking the centenary of Mahatma Gandhi's birth, the NSS reflects the ideals of selfless service through its motto, "Not Me, But You." This principle captures the essence of giving, emphasizing community welfare over individual interest and fostering a spirit of solidarity and empathy in the service of others.

This expresses the essence of democratic living and upholds the need for selfless services and appreciation of another man's point of view and also show consideration for fellow human beings. It underlines that the welfare of an individual is ultimately dependent on the welfare of the society as a whole. The aim is to develop student's personality through community service.

The NSS symbol is based on the "Rath Wheel" of the Konark Sun Temple of Orissa. The giant wheel portrays the cycles of creation, preservation and release and signifies the movement in life across time and space. The design of the symbol, a simplified form of Sun Chariot Wheel primarily depicts movement. The wheel signifies the progressive cycle of life. It also stands for dynamism and progressive outlook of youth.

National Service Scheme of **Govt. Polytechnic Mandi Adampur, Hisar, Haryana** is a unit of excellence, packed with activities, brimming with energy and resonating with vibrancy. The NSS unit of this institute provides a platform to the students for community work and developing a sense of involvement in the tasks of nation building. The NSS unit of Govt. Polytechnic Mandi Adampur is involved in inculcating the feelings of empathy and self-extension among students. To uphold and promote the values of communal harmony, patriotism, and national integration among students and community members through NSS activities is one of the basic objectives of the unit.

A variety of activities are organized every year to channelize the energy and idealism of the younger generation into creative pursuits. The NSS unit has been involved in awareness programme related to Drug De-Addiction, Female Foeticide prevention, HIV/AIDS prevention, Plantation, Cleanliness and Blood Donation, Energy Conservation etc.

## NSS UNIT & PROGRAMME OFFICER



**Dr. Kulveer Singh Ahlawat**  
**Principal**

The National Service Scheme (NSS) Cell at Govt. Polytechnic Mandi Adampur was established in the 2017-18 session, driven by a commitment to fostering student involvement in community service. Under the capable leadership of Mr. Rakesh Kumar Sharma, Senior Lecturer in the Pharmacy Department, the NSS Unit has grown to include 100 dedicated student



**Rakesh Sharma**  
**NSS Officer**

volunteers. As the NSS Programme Officer, Mr. Sharma actively guides the students, motivating them to embrace the core values and philosophy of the NSS. His role is hands-on, helping students plan, implement, and assess their NSS activities, while offering clear direction and purposeful guidance to ensure their efforts align with the goals of the unit.

## NSS STUDENT VOLUNTEERS

As per the NSS Manual, any student enrolled as an NSS volunteer is required to contribute at least 240 hours of meaningful social work over a continuous period of two years, averaging 120 hours per year. To track their contributions, each volunteer must maintain a work diary, which serves as a record of their activities

and assists in evaluating their performance. Upon successfully completing the required service hours, the volunteer becomes eligible to receive an NSS Service Certificate from their institution, recognizing their dedication and contribution to community service.

## **ACTIVITIES OF NSS VOLUNTEERS AND ADOPTION OF VILLAGE**

The activities under the National Service Scheme (NSS) are categorized into two main types:

### **1. Regular Activities:**

These activities are carried out during the academic semester or year and encompass a variety of programs conducted within adopted villages and college campuses. Common initiatives include tree plantation drives, cleanliness campaigns, health awareness programs, traffic safety events, personality development workshops, and social awareness initiatives. Through these diverse activities, NSS aims to instill a sense of responsibility and community engagement among students while addressing pressing social and environmental issues.

### **2. Special Camping Activities:**

These activities involve a 7-day intensive programme conducted in an adopted village during vacation periods. Each NSS unit is assigned the responsibility of adopting a nearby village and is dedicated to its comprehensive development through focused community service initiatives. This approach enables students to engage directly with the community, addressing local needs while fostering sustainable development through various projects and activities.

# ACTIVITIES CARRIED OUT BY NSS UNIT

## 1. CLEANLINESS CAMPAIGN

The NSS Unit regularly organizes various cleanliness drives and awareness programs, aligning itself with the goals of Swachh Bharat Abhiyan. Under the guidance of Mr. Rakesh Kumar Sharma, NSS Programme Officer, and with the support of Principal Dr. Kulveer Singh Ahlawat, the volunteers actively engage in maintaining cleanliness within the campus as well as in the surrounding areas.



## 2.VOLUNTARY BLOOD DONATION DRIVES

The voluntary blood donation drive conducted by the NSS Unit of Govt. Polytechnic Mandi Adampur under the supervision of Mr. Rakesh Kumar Sharma is an exemplary initiative that underscores the role of educational institutions in addressing critical social and public health issues. By encouraging students to participate in life-saving activities like blood donation, the NSS Unit is helping to create a more compassionate and responsible generation, dedicated to the service of humanity. NSS Unit of the institute continuously organizing voluntary blood donation drives to support Distt. Red Cross Society Hisar. During the NSS Unit's voluntary blood donation drives, the **948 units** in the year 2023-24 and **451 units** of blood collected which will be used in numerous life-saving situations. These include emergency care for trauma patients, surgical procedures, treatment for chronic blood disorders such as thalassemia and sickle cell anaemia, cancer therapies, and managing complications during childbirth.



### 3. PLANTATION DRIVES

The NSS Unit has been actively involved in organizing plantation drives as part of its mission to contribute to environmental conservation and sustainability. These drives are a key part of the NSS Unit's regular activities, promoting awareness of environmental protection and encouraging the community to take an active role in preserving nature. Under Van Mahotsav, an effort was made to create a forest by planting 2600 plants of 40 species in 1500 square yards using Miyawaki method under the direction of Dr. Kulveer Singh Ahlawat, Principal Govt. Polytechnic Mandi Adampur. Presently the campus is enriched with over **7000 plants**, contributing to a green and eco-friendly environment.



## 4. DRUG DE-ADDICTION CAMPAIGN

The NSS Unit regularly conducts Drug De-addiction Campaigns through Nukkad Nataks and Awareness Rallies to educate the community about drug abuse. These efforts are part of ongoing NSS activities to engage students in social issues. Each campaign features a street play followed by a rally involving volunteers and faculty. The NSS Unit, led by Mr. Rakesh Kumar Sharma, organizes Female Foeticide Awareness Campaign to highlight the illegal practice and promote gender equality, successfully reaching a wide audience through street plays and rallies.



## 5. AWARENESS AGAINST FEMALE FOETICIDE

The NSS Unit of the institute actively conducts awareness campaigns against female foeticide to address this critical social issue. Led by Programme Officer Mr. Rakesh Kumar Sharma, the unit organizes seminars, street plays, and rallies aimed at educating the community about the illegal and unethical practice of female foeticide and the importance of gender equality.



## 6. NATIONAL/ INTERNATIONAL DAYS

The NSS Unit regularly organizes events to commemorate National and International Days e.g. National Youth Day, National Voters Day, Republic Day, International Yoga Day, World Blood Donors Day, World Environment Day, Independence Day, International Women Day, World AIDS Day, World Cancer Day, Armed Forces Flag Day etc. These activities aim to raise awareness about various social issues and promote values such as patriotism, peace, and global cooperation. Through seminars, workshops, and cultural programs, the unit engages students and the community in meaningful discussions and celebrations that align with the significance of each day.





## 7. TRAFFIC SAFETY EVENTS

The NSS Unit organizes various traffic safety events, including awareness campaigns that conduct seminars and workshops to educate students and the community about traffic rules, safe driving practices, and the importance of wearing helmets and seatbelts. It also organizes walks and rallies in the community, distributing pamphlets and displaying banners with traffic safety messages. Additionally, the Unit encourages students to create posters and slogans promoting traffic safety, offering prizes for the best entries to foster creativity, and conducts quizzes to further engage participants.



## 7. HEALTH AWARENESS DRIVE

The NSS Unit at Govt. Polytechnic Mandi Adampur actively organizes health awareness drives to promote well-being within the community. These initiatives include free health camps that offer essential check-ups and screenings, as well as workshops focused on nutrition and healthy eating habits. The Unit also emphasizes mental health by hosting seminars featuring mental health professionals who provide valuable insights on stress management and coping strategies. Additionally, fitness programs, awareness campaigns on various diseases, and blood donation drives are integral parts of their efforts. Through these comprehensive health initiatives, the NSS Unit aims to educate and empower individuals, fostering a healthier and more informed community.



## ACHIEVEMENTS



**Principal Dr. Kulveer Singh Ahlawat felicitated on Republic Day 2023 with District honour by Cabinet Minister Dr. Kamal Gupta & Deputy Commissioner Hisar for exemplary work for the institution**



**NSS Officer Rakesh Sharma felicitated on NSS Foundation Day 2023 with State-Level Honour by Additional Chief Secretary Sh. Anand Mohan Sharan and Additional Director of Higher Education Department Meenakshi Raj for remarkable contribution in NSS Unit**



**NSS Officer Rakesh Sharma felicitated on Independence Day 2024 with District Award by Haryana Cabinet Minister, DR. Kamal Gupta & Deputy Commissioner Hisar for Exemplary work**



**NSS Volunteer Nisha awarded by ACS Dept. Higher Education Haryana on NSS Foundation Day 2023 for State level Poster Competition**



**For the first time, Girls Volunteer participated in the ten-day adventure camp of National Service Scheme held at the Atal Bihari Vajpayee Regional Mountaineering Training Centre located in Manali from**

**7<sup>th</sup> Dec 2023 to 16<sup>th</sup> Dec 2023**

### **FUTURE AIMS AND PLANS**

With a broader aim to work in the spheres of health, safety and cleanliness, NSS Unit of Govt. Polytechnic Mandi Adampur is working to imbibe the idea of social welfare in students and instil the motto of 'NOT ME BUT YOU' in them in the real sense.

The efforts of the NSS unit have been recognized and appreciated at various levels, reflecting the commitment of our students and faculty advisors to uphold the values of service and responsibility. As we continue on this path, we aim to broaden our horizons and reach out to more communities, making a positive impact on society while nurturing the next generation of responsible citizens.

As the NSS Unit continues to grow and evolve, we look forward to expanding our reach and deepening our contributions to the communities we serve, while nurturing a spirit of service and responsibility in our students.

(Rakesh Kumar Sharma)  
NSS Programme Officer  
Govt. Polytechnic Mandi Adampur

Dr. Kulveer Singh Ahlawat  
Principal  
Govt. Polytechnic Mandi Adampur